BAPIA PATHUK



Outer Dough Ingredients:

SOKA Wheat Flour 500 grams Salt 5 grams **Granulated Sugar** 150 grams Margarine 50 grams Cooking Oil 50 grams Emulsifiere 12,5 grams Water 175 ml

Inner Dough Ingredients:

SOKA Wheat Flour 300 grams Vegetable Oil 150 grams

Mung Bean Filling Ingredients:

Peeled mung beans 500 grams **Granulated Sugar** 300 grams Water 100 grams Salt 5 grams Cooking Oil 100 grams Cornstarch 50 grams



How To Make:

- 1. Filling: Steam the mung beans until soft, then mash until smooth using a rolling machine or by pounding.
- 2. Mix the mashed mung beans with water, cornstarch, sugar, and salt. Cook over medium heat while stirring until thickened.
- 3. Lower the heat, add the cooking oil, and continue stirring until the mixture is smooth and elastic. Set aside to cool; the filling is ready.
- 4. Outer Dough: Mix all outer dough ingredients and knead until half smooth. Set aside.
- 5. Inner Dough: Mix the flour and vegetable oil until evenly combined. Set aside.
- 6. Divide the outer dough into 10-gram portions and the inner dough into 5-gram portions.
- 7. Flatten each outer dough portion, place one inner dough portion in the center, and fold like an envelope.
- 8. Soak the wrapped dough balls in cooking oil.
- 9. Take one dough ball, flatten it, and add 15 grams of mung bean filling in the center.
- 10. Arrange on a baking tray and bake at 200°C (392°F) until fully cooked and golden brown.

Yield: Makes 75 pieces

FLOUR RECOMENDATION

Cita Rasa Pangan Berkualitas

